

INSTRUKTIONS

Anatomic seat



It is very important that all the people who are near to the child read this manual For further instructions please contact the responsible occupational therapist or Anatomic SITT.

HOW TO USE THE ANATOMIC SEAT:

- 1) First, tilt the seat back as far as possible before the user is placed in the seat.
- 2) Place the user in the seat. Make sure that the user is placed properly in the seat. Check with your hand between the seat and the behind. The pelvis should be placed in a position as upright as possible. Adjust if necessary.
- 3) Fix the pelvis with the hip belt. Place the belt cushion on the side that the user first twists out.

THINK OF THIS:

Many users can sit in an active sitting-position just for a short time. By changing from an active sitting to a resting position many times a day the user gets a more pleasant sitting. Then the pressure will also be spread and prevent the arising from red spots.

NOTE!

The seat is "tailor-made" for the user. Because of this you must be observant of any red spots. If it comes up red spots that may arise. In case of any such problems please contact the responsible occupational therapist.

The cushions: The seat is often equipped with two or three cushions which are marked 1, 2 & 3.

Cushion no. 1: Should always be placed nearest to the body. If cushion no. 1 is divided between the seat and back the backpart can be removed when for example a thicker jacket is used.

Cushion no. 2: Should be placed behind cushion no. 1. This cushion can be ordered with lifting-straps. Then the user can be lifted with manual power or with a personal lift. Lifting-straps are available as accessories. Tips about using the lifting-cushion are on the next side.

The handles:

The seat is outside equipped with four handles. By using them the whole seat can be moved with the user still sitting in it. There is a metal loop on the front of the handles. Through this loop the enclosed mounting-straps can be mounted to fix the seat at different places as for example in a car, in an air-craft, at a chair etc.

Mounting at underframes:

There are several different alternatives to mount the seat at an underframe. Below the most common ones are described:

Mounting of a seat with a quick mount:

In some cases the Anatomic seat can be equipped with a quick mount for easy mounting at the underframe.

* Press down the "locker" and turn it to the right, into the gap.

* Push the seat from the front into the mounting-plate. Push until it is blocked up by the back edge.

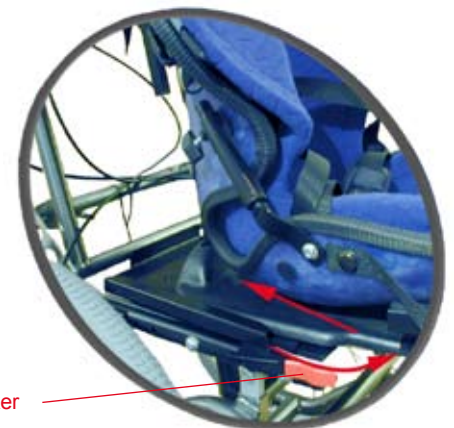
Note!

Press down the "locker" and turn it back until you hear a "click". Now is the seat securely mounted at the underframe.

Mounting of the seat with mounting-straps:

In some cases the Anatomic seat can be equipped with two mounting-straps. For example the strap by the back should be mounted round the push-handles of a wheelchair. The strap at the seat should be mounted round the seat-plate of a wheelchair for example.

NOTE! Always check that the straps are securely mounted.



CARE INSTRUCTIONS:

The cushions can be handwashed in 40°C. Use a soft sponge. The cushions shall air-dry in indoor temperature, **don't place them close to something hot. Don't dry them in a drying cupboard or a tumble-drier. Then they may lose their shapes.**

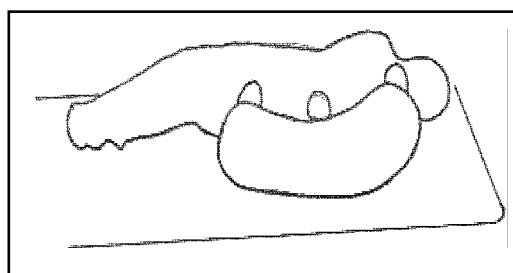
The plastic in the seat can be washed with a sponge or a soft brush. Use a light washing detergent, if needed use disinfectant.

**IF YOU AREN'T SATISFIED WITH THE SEAT PLEASE CONTACT THE RESPONSIBLE OCCUPATIONAL THERAPIST OR ANATOMIC SITT.
(you find this information at the label "specialmade product").**

-----ACCESSORIES-----

How to use cushion no. 2 as lifting-cushion:

- * Pull out the lifting-straps located between cushion no. 1 and 2.
- * Place the user sideways.
- * Push in cushion no. 1 and 2 under the body. Put the bottom of the cushions just on a level with the thighs. (Think of the user's usual sitting position.)
- * Roll over the user in supine position in the cushions.
- * Adjust the cushions by lifting by the straps and let the user slide into position in the cushions.



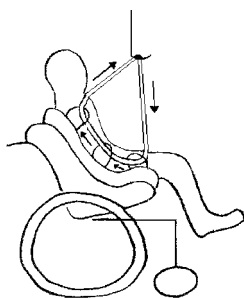
LIFTING MANUALLY: (two persons)

Grab with one hand the upper lifting-strap, (by the head). Grab with the other hand the lower lifting-strap. The other person does the same on the opposite side. (Further information below, "placing in the seat")

TO LIFT WITH A PERSONLIFT:

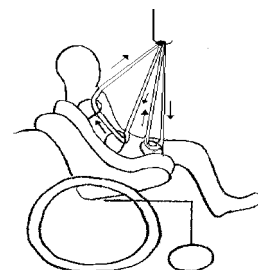
Alternative 1) A set with two lifting-straps:

- * Pass the lifting-straps through the three lifting-handles.
- * Do the same on the other side.
- * Attach the loops of the lifting-straps to the.



Alternative 2) A set with four lifting-straps:

- * Pass one of the straps through the two upper handles. Pass another strap through the lower handle.
- * Do the same on the other side.
- * Attach the loops of the lifting-straps to the personlift.



PLACING IN THE SEAT:

- * Lift the cushions with the user into the seat.
- * Place the cushions with the user from above into the seat. Guide the cushions into the seat.
- * Put the handles of the cushion between the plastic and the cushion when you are not using them.
- * When you are lifting from a sitting to a lying position, follow the instructions in reverse order.

